



Home Market Foods, Inc.  
140 Morgan Drive  
Norwood, MA 02062-5013

Main 781•948•1500  
Fax 781•702•6171

**Product: Cooked Perfect HOMESTYLE MEATBALLS – ½ oz / 14 oz**

**PRODUCT CODE: 01201-2852**

**INGREDIENTS:** CHICKEN, WATER, PORK, BEEF, TEXTURED SOY FLOUR, DEXTROSE, SOY PROTEIN CONCENTRATE, BREAD CRUMBS (WHEAT FLOUR, SALT), LESS THAN 2% OF: PARMESAN CHEESE (PART SKIM COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), SPICES, DEHYDRATED GARLIC, ONION POWDER, NATURAL FLAVORS, SALT, SODIUM PHOSPHATE

**CONTAINS: MILK, SOY, WHEAT**

**SHELF LIFE: Frozen** - 12 months from the date of production; **Refrigerated** – 10 days

#### NUTRITIONAL

| Nutrition Facts                                                                                                                                               |            |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|
| about 5 servings per container                                                                                                                                |            |
| Serving size 6 meatballs (85g)                                                                                                                                |            |
| Amount per serving                                                                                                                                            |            |
| <b>Calories</b>                                                                                                                                               | <b>200</b> |
| % Daily Value*                                                                                                                                                |            |
| Total Fat 13g                                                                                                                                                 | 17%        |
| Saturated Fat 4.5g                                                                                                                                            | 23%        |
| Trans Fat 0g                                                                                                                                                  |            |
| Cholesterol 60mg                                                                                                                                              | 20%        |
| Sodium 580mg                                                                                                                                                  | 25%        |
| Total Carbohydrate 7g                                                                                                                                         | 3%         |
| Dietary Fiber 2g                                                                                                                                              | 7%         |
| Total Sugars 3g                                                                                                                                               |            |
| Includes 3g Added Sugars                                                                                                                                      | 6%         |
| Protein 14g                                                                                                                                                   |            |
| Vitamin D 0.1mcg                                                                                                                                              | 0%         |
| Calcium 90mg                                                                                                                                                  | 6%         |
| Iron 1.8mg                                                                                                                                                    | 10%        |
| Potassium 210mg                                                                                                                                               | 4%         |
| *The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |            |
| Calories per gram:<br>Fat 9 • Carbohydrate 4 • Protein 4                                                                                                      |            |

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