



Home Market Foods, Inc.  
140 Morgan Drive  
Norwood, MA 02062-5013

Main 781•948•1500  
Fax 781•702•6171

**Product:** Cooked Perfect ITALIAN STYLE MEATBALLS – ½ oz / 13 oz

**PRODUCT CODE:** 01400-2300

**INGREDIENTS:** BEEF AND PORK, WATER, TEXTURED SOY FLOUR, BREAD CRUMBS (WHEAT FLOUR, SALT), SOY PROTEIN CONCENTRATE, LESS THAN 2% OF: PARMESAN CHEESE (PART SKIM PASTEURIZED COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), SPICES, DEHYDRATED GARLIC, ONION POWDER, SALT, NATURAL FLAVORS, DEXTROSE, SODIUM PHOSPHATE

**CONTAINS:** MILK, SOY, WHEAT

**SHELF LIFE:** **Frozen** - 12 months from the date of production; **Refrigerated** – 10 days

#### NUTRITIONAL

Nutrition Facts	
about 4 servings per container	
Serving size 6 meatballs (85g)	
Amount per serving	
Calories	240
% Daily Value*	
Total Fat 18g	23%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 590mg	26%
Total Carbohydrate 6g	2%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 14g	
Vitamin D 0.1mcg	0%
Calcium 70mg	6%
Iron 1.6mg	8%
Potassium 260mg	6%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

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