



Home Market Foods, Inc.
140 Morgan Drive
Norwood, MA 02062-5013

Main 781•948•1500
Fax 781•702•6171

Product: Cooked Perfect All Natural ITALIAN STYLE MEATBALLS – 1 oz / 18 oz

PRODUCT CODE: 01400-6219

INGREDIENTS: BEEF, PORK, WATER, TEXTURED SOY FLOUR, SEASONING (SEA SALT, SPICES (INCLUDING PEPPER AND FENNEL), DRIED GARLIC, DEXTROSE, ONION POWDER, FLAVOR, SPICE EXTRACTIVES), RICE FOUR, NATURAL FLAVOR.

CONTAINS: SOY.

SHELF LIFE: Frozen - 15 months from the date of production; **Refrigerated** – 10 days

NUTRITIONAL

Nutrition Facts	
Serving Size 3 meatballs (85g/3oz)	
Servings Per Container 6	
Amount Per Serving	
Calories 240 Calories from Fat 170	
<small>% Daily Value*</small>	
Total Fat 19g	29%
Saturated Fat 7g	36%
Cholesterol 55mg	19%
Sodium 400mg	17%
Total Carbohydrate 5g	2%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 13g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 10%
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:</small>	
	<small>Calories: 2,000 2,500</small>
Total Fat	<small>Less than 65g 80g</small>
Saturated Fat	<small>Less than 20g 25g</small>
Cholesterol	<small>Less than 300mg 300mg</small>
Sodium	<small>Less than 2,400mg 2,400mg</small>
Total Carbohydrate	<small>300g 375g</small>
Dietary Fiber	<small>25g 30g</small>
<small>Calories per gram:</small>	
<small>Fat 9 • Carbohydrate 4 • Protein 4</small>	

This Product Specification contains proprietary information of Home Market Foods and is confidential. Copying or reproducing this specification without the consent of Home Market Foods is prohibited.